

Color Your Prayers

PURPOSE

This activity provides an opportunity to pray big prayers for their campus with six different prompts.

MATERIALS

- Paper with List of Prayer Points
- Large Bag of M&Ms
- Sandwich Bags

PREPARATION

1. Prepare by printing five sheets with all the prayer points and scripture.
2. Put about twenty (20) M&Ms in each bag.

For **GREEN**, thank God for the ways you've seen His grace and mercy. Pray that others on campus would experience the same.

For **BLUE**, pray for a friend or classmate who needs help

For **RED**, pray and ask God to reveal to you someone that needs to know His love. Then pray for them.

For **YELLOW**, pray for the board, administration, and staff on your campus

For **ORANGE**, pray for someone who is sick (mentally or physically) or needs to be healed

For **BROWN**, pray for yourself. Ask for forgiveness or pray for your needs

Ephesians 3:20-21

20 Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, **21** to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

Note: If you will setup a display, some additional materials you may need include an InterVarsity tablecloth, information about InterVarsity, and a table. If you will do this activity as a group, pick a time where you can do the outreach together either in an open area or at an assigned table. If you will do this alone, make sure to pick a time when you can interact with the most people.

ACTIVITY

1. Gather your prayer points sheets and bags of M&Ms.
2. Take time to pray for your activity time before you begin.
3. If you will complete this activity as an outreach with others, divide into various roles and rotate roles throughout the outreach.
 - Gatherer: Those who gather people to do the activity.
 - Executer: Those who complete the activity with others.
 - Closer: Those who collect contact information and share about InterVarsity.
4. Connect with people from your network (or release the gatherer(s)) to make invitations to do the activity with you. For example: "Hi my name is _____. Today I am taking some time to do a prayer activity with people called "Color Your Prayers." Do you have a moment to pray through this interactive activity with me?"
5. For people willing to do the activity, read (or release the executer(s) to read) the scripture "Ephesians 3:20-21" with them.
6. Give them a bags of M&Ms with the prompt sheet and share the instructions. For example: "I have a bag of M&Ms. Pick one M&M of any color. Each color corresponds with something to pray for. I believe that God hears our prayers and can do more than we can ask. Let's pray for (share the topic that connects with the M&M color)."
7. Ask the person to pray about the prompt with you. If they are not willing to pray out loud, offer to pray for them about the topic.

CLOSING

1. Release the closer(s) to thank them for completing the activity.
2. Ask them for feedback about using the activity to pray.
3. Share how prayer has personally impacted your life.
4. If they are open, invite them to take a spiritual next step with you. For example, you can invite them to prayer together again, to connect over a spiritual conversation, or to join you for the next Bible Study.

MAKING IT VIRTUAL

Any outreach can be made virtual by using applications like Zoom and reserving a time where students can come to this virtual space and bring friends. Because students might not have access to M&Ms, have the students write each color on a small piece of paper and then grab once piece of color-labeled paper at random to give them their

prayer topic. Below is a sample 1 hour and 15 minute virtual outreach space for Black Students. For the purpose of this example, I am using the meeting time of 7:00pm - 8:15pm.

7:00pm - 7:15pm Welcome/Engaging Opening Question/Icebreaker/Prayer

7:15pm - 7:20pm Outreach Introduction

7:20pm - 7:40pm Engage in Outreach Activity with Students Present

**Utilize large space, breakout rooms, google docs, etc. as needed*

7:40pm - 8:00pm Release Students to Do Outreach Activity with a Friend(s)

**This portion have the students turn off video and go on mute while they call and/or text friends to do the outreach with them. Depending on where students are, they could also go do the activity during this time in-person if allowed.*

8:00pm - 8:10pm Debrief Outreach Time with Students Present

8:10pm - 8:15pm Closing Remarks/Prayer